

# Mbum Circumcision Songs

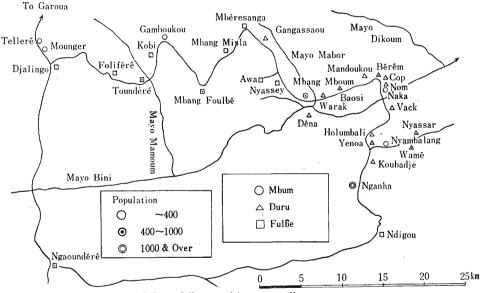
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# Mbum Circumcision Songs

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The purpose of this paper is to present the texts of the Mbum circumcision songs, and to provide materials for the regional study of Northern Cameroun. The songs were collected in September 3–9, 1974 in Mbang Mbum.<sup>1)</sup>

Since 1969, I have been studying various types of Fulfe oral literature in Northern Cameroun, from folktales, pastoral poems, Islamic poems, riddles, etc. to ritualistic chants such as those employed in the circumcision rite.<sup>2)</sup> During



Mbang Mbum and its surrounding areas

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 This research was carried out during the third scientific mission to Northern Cameroun (1974-75), headed by Shun'ya Hino, Professor of social anthropology at the Institute for the Study of Languages and Cultures of Asia and Africa, Tokyo University of Foreign Studies. The project was sponsored by the Japanese Ministry of Education.

Since 1969, Professor Hino has centered his studies around the sociology of the people of Mbang Mbum. He invited me to stay there for a week in this typical Adamawan village. Due to his excellent relationship with the villagers, I was looked upon not as a stranger, but as the guest of a well known personality in the village. This factor greatly facilitated my collection of materials.

For studies in Northern Cameroun, see [TOMIKAWA, 1971 a], [TOMIKAWA, 1971 b] and [HINO, 1975].

2) A description of the Fulbe circumcision songs in Diamaré Prefecture is given in [EGUCHI, 1973].

a stay in Naoundéré, I attempted to find out what circumcision songs were sung among the Adamawa Fulbe and was informed that they employ the chants sung in Mbum, as some other Adamawa peoples do. The first words of these songs, gún ndòŋrí 'novices' aroused my interest and prompted me to collect the series of Mbum circumcision songs. I was able to obtain this information without much difficulty thanks to my colleague, Shun'ya Hino, who had already built up a close relationship with the Mbum villages during his field study there.

The investigation was done using Fulfulde, the regional language of North Cameoun.<sup>3)</sup> The transcription of the Mbum words are rather phonetic, although I did not bracket them in [].<sup>4)</sup> The orthography for the Fulfulde is the one adopted at the UNESCO 'Meeting of Experts for the Unification of Alphabets of the National Languages' held at Bamako in February-March 1966.

The Mbum people engage in swidden agriculture, and partially in hunting, which is traditionally important [HINO, 1974: p. 4]. They speak Mbum language, Adamawa-Eastern subfamily, Niger-Congo family [GREENBERG, 1963]. Their population is approximately 25,000 [PODLEWSKI, 1971].

Mbang Mbum is one of the five Mbum capital villages headed by divine chiefs, the other four being Nganha, Mana, Mbere, and Mbusa. It has been observed that despite the Fulße political rule and Islamization, the villages have kept of their traditions [HINO, 1974: p. 6].

The adoption of the Mbum circumsision songs by the Fulbe implies a good

4) The following thirty-one consonants were observed: p t c k kp,

gb

p	t	С	k
Ь	d	j	g
mb	nd		ŋg
6	ď		Ũ
m	n	ny	ŋ
f	5	ſ	ĥ
v	z		
	l		
	r		
$v^{b}$			
w		у	

It should be noted that  $v^b$  as in the case of  $v^b \dot{e}n\bar{z}\eta$  'god', is a flapped voiced consonant; ny, n of I.P.A.; j, j of I.P.A.; and ', r of I.P.A.

It may be said that there are oppositions in vowels: oral/nasal and short/long.

Sho	rt Oral	Short N	Jasal
i	u	ĩ	ũ
e	0	è	õ
	a	ã	
Lon	g Oral	Long N	asal
ii	นน	ĩĩ	ũũ
ee	00	ēê	õõ
	aa	āã	

Three tones were observed: high level, low level, and falling. They are marked with ', ', and  $\hat{}$ .

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<sup>3)</sup> Discussions of the linguistic situation of Fulfulde in Northern Cameroun are found in [LACROIX, 1962], and [EGUCHI, 1971].

relationship between the Mbum and the other Adamawa peoples.<sup>5)</sup>

## The Mbum Circumcision Rite

The Mbum circumcision is called  $nd\hat{e}\hat{u}^{\dagger}, 6^{\circ}$  and the verb to circumcise is  $nd\hat{e}$  $nd\hat{e}\hat{u}^{\dagger}$ . The Mbum people employ haddordu as a Fuldulfe equivalent for  $nd\hat{e}\hat{u}.?$ ) It is an essential rite for Moslem males, and an indispensable "rite de passage" for Mbum children attaining manhood.<sup>8</sup>)

It is tabu to speak about the circumcision rite to women or to those who are not yet circumcised. When a person breaks this tabu, he is punished.

The circumcision takes place at the beginning of the rainy season from April to June, when a boy reaches the age of eight to ten. When he attains the right age, elder boys tell him the story of circumcision. They say that there is a huge monster in the bush called *fée mbáká*, who can step with one foot on the river Bini, a small river in Mbang Mbum, and with the other on Ngaoundéré. Out of curiosity, the novice wishes to go to see it. He must get up early in the morning, and wander in the bush for several days in search of this legendary monster.<sup>9</sup>

There is a hut called dánki built newly in the bush for the circumcision. There is even a fire place in it. The novices eat special dishes every day, and wander around in the vicinity of the hut looking for the monster. The life of the boys in the bush is supervised by a leader called nyángolda. During the training, they wear leaves in the daytime and sleep naked at night.

One day they are called one after another and circumcised by removing the

In between *Massifs de Poli* and Adamawa plateau, there are people called Voko (Population circa 3,000)...Circumcision, which has been practised for a long time, is the only remainder which could survive through the Islamic chanel (p. 62).

Niamniam. Population: 6,000. Living in Tignere Prefecture, West of Adamawa Plateau.

Circumcision (Nillegri) is also practiced and the circumcision knives (Djom) are without doubt, the object of sacrifices, as among the Duru (p. 83).

To the east of Voko live the Kolbila. Circumcision is practised as before, independently of Moslem influence (p. 73).

All Duru boys who reached the age of fourteen years should be circumcised; if not, they are not allowed later to participate in any ceremonies or village festivals (p. 26).

<sup>5)</sup> This is not the only evidence that the Mbum showed hospitality toward the Fulße coming into Adamawa for pasturage before the *jihad* took place in the nineteenth century. The following passages, cited from Kurt Strumpel's work by Froelich, may explain the situation: Aux XVIII<sup>e</sup> siècle, partant de Nigéria, et notamment du plateau Baoutchi, ils s'infiltrent dans les hauts-plateau du Cameroun à la recherche de nouveaux pâturages. Ils se soumettent humblement aux chefs noirs du pays, musulmans ou païens, ne font point de prosélytisme et accordent aux petits chefs indigènes, le *jus primae noetis*. (Cited from "Histoire de l'Adamaoua" by Kurt Strumpel, p. 8, FROELICH)

<sup>6)</sup> The † mark signifies that the word comes from Professor Shun'ya Hino's source.

<sup>7)</sup> In Fulfulde, there are several different expressions which have the meaning of 'to circumcise': juulna, hadda, and remna. The first one has the religious sense of making the person a Moslem, whereas hadda and remna, may have the nuance of initiation into manhood.

<sup>8)</sup> The following Adamawan tribes practice circumcision rites. There are descriptions of these in Podlewski's work:

foreskin. After the circumcision, they apply alcohol and powder for sterilization. Then, they bandage the part with leaves called  $anduwi^{10}$ . The penis is supported by a triangular supporter made of cornstalk. The Mbum do not use a Y-shaped supporter as the Fulße in Diamaré prefecture.

A blacksmith  $(kila \text{ or } bélàka mbûk)^{\dagger}$  takes the role of circumciser (doúnà). He has a special knife, called gún jèn. Each parent gives him about two hundred francs as a present for his work.

There is an order among those who are to circumcised, decided by the elders of the village. The children of important vassals are first, followed by *bélàká*'s children, and then by ordinary Mbang Mbum children. Next follow those from outside the village, such as Ful6e children from Mambram, and Duru children from Baosi, Warak, Sabongari etc.

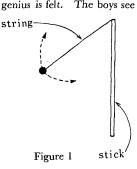
After the circumcision, children who are circumcised together call each other wai or wai dm, and keep a good relationship with each other throughout their lives. They stay in the hut with young boys who have been circumcised a few years before. During this training they learn circumcision songs, hunting, the manner of obeying elder boys, and how to have sexual intercourse. The novices are beaten and tortured with twigs inserted between fingers. They go to the river and wash themselves during the daytime. When the boys are in the bush, their mothers prepare treats for them by turns. The mothers are not allowed to see them.

In the past, the novices stayed in the bush for a few months, but they are now allowed to return to the village after a month or less. The fathers and *ndapdm* 'mother's brother' give them home-made beer, meat, and so forth. Sometimes a goat or money is given to them. The children wear new shoes, clothes and a cap.

Parents give two or three hundred francs to the leader or nyángólà to express

10) Meek describes the method commonly followed by Moslems in performing th circumcision rite:

The barbers fits a protective triangle of guniea-corn stalks on the end of the penis. If the bleeding is excessive bandages of hemp-leaves are applied [MEEK, 1925: Vol. II, p. 86].



<sup>9)</sup> The Duru say that during the circumcision trial, a panther called *zak*, and a monster called *hen cien* 'monster with imaginary noise', appear and watch the whole process.
In Vite they call the generator for which 's black monster', which cauld be a Mhure.

In Vute, they call the monster  $fe \ mbaka$  'a black monster', which could be a Mbum word.

In Bata, the imaginary monster is called fénbáká.

Meek reports on the monster, which he calls dooddo:

During the initiation the presence of the Dodo or tutelary genius is felt. The boys see him at a distance, and learn to fear him. His cry is heard at night. After this preliminary training the boys are ready for circumcision [MEEK, 1925: Vol. II, p. 38].

Through the initiation rites the boys become men of the tribe, they receive a new nature, and are mystically united with their ancestors and the tutelary genius (*Dodo*) of the tribe [MEEK, 1925: Vol. II, p. 87].

This toy, composed of a stick and a string with a piece of twig attached to it, is called *fie mbdkd* after the monster. It is said that when the top spins around, it makes enough noise to threaten girls. See Figure 1 at right.

their gratitude.

One year after the circumcision the boys have their first sexual intercourse with a girl in Ngaoundéré, or with a *ajabaajo* 'widow' in Sabongari, a Duru village two kilometers away from Mbang Mbum. Some, however, go without this experience.

# Texts

I obtained ten songs from the following boys: 1) Hammadu Sarkiya, eldest son of a vassal, 2) Abbo Sarkiya, second son of the same vassal, and 3) Muusa Kilaa. They all experienced the circumcision several years ago in Mbang Mbum.

The Mbum texts are followed by Fulfulde, and the English translations show a rough correspondence of meaning.

1. This is the first song sung by the children. It is the most popular of all. When one mentions the circumcision, it is recalled immediately.

fée hòy tĩĩwá wò	Huunde ladde wurti, hey.			
1 2 3 4	1 $2$ $3$ $4$			
gún ndòŋ-rí	Kaddiikon,			
ັ5 <b>້</b> 6	56			
náa nàm báa	taa daanu.			
7 8 9	798			
fée kée tĩĩwà wò 10 11 12 13	Huunde feere wurti, hey.			
<b>10 11 12 13</b>	10 11 12 13			
The monster of the	bush has come out, hey.			
1	2 3 4			
Circumcised childr	en,			
6 5				
don't sleep.				
798				
Another monster	has come out, hey.			
11 10	12 13	_	-	

(Singer: Hammadu Sarkiya)

nyáŋgòlà wò 1 2 Aynoowo, hey huunde ladde wurti, hey 3 4 5 6fée hòy tĩĩwá wò 3 4 5 6 táa róŋrúkù wò taa (nde) ngata, heynyángòlà wò Aynoowo, hey maayel Ganga Saw. fêrdè gàŋgá sâw 12 13 14 13 Hey, superviser, 1 the monster in the bush has come out, hey. (May it) not bite, hey.  $7 \ 8 \ 9$ 8 Hey superviser, 11 10 10 (it came out) at the small river in Ganga Saw.

(Singer: Hammadu Sarkiya)

3.

fée hòy tĩĩwá wò 1 2 3 4 Huunde ladde wurti, hey. 1 2 3 4 Kaddiikon, 56 gún ndòŋ-rí taa daanu. náa nám bà 7 8 9 8 79 8 mâa-rì kà ádèré 10 11 12 Daadiraabe defi waccuuje. 10 11 12 vínyà ádèré-wà pát 13 14 15 (Kon) njabi waccuuje de pat. 13 14 15 The monster in the bush came out, hey.  $\frac{1}{2}$ 2 Circumcised boys, don't sleep. 798Mothers cooked tigernuts. (The children) got all tigernuts  $_{13}$   $_{15}$   $_{14}$ (Singer: Hammadu Sarkiya)  $i w \circ w \circ \circ, i w \circ \circ w \circ \circ w \circ \circ 1 2 3 4 5 6 7$ I wo woo, i woo woo woo! 12 3 4 5 6 7 Haddaago wo''inan waalaago. ndòŋ bélà nám ğ, 8 Haddoobe, ko mbi'on? ndòŋ-ri fáŋgáni lée? ndòŋ-rú wó, 14 15

Circumcised ones, what did you say?

(Circumcision) is something good for lying down.  $_{16}^{17}$   $_{18}^{17}$   $_{18}^{18}$ 

(Singer: Abbo Sarkiya)

5.

4.

wóo vàa bánàAynoowo wolwanvúyóojur jur.ná'éeDaada am,yéeyèyeeye.wàavúu gâyyèráaNdaa koy haa do.ná'ée yéeyèDaada am, yeeye.

The sperviser scolds very much.

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My mother,

hey.

Here are circumcised boys.

My mother, hey.

## (Singer: Abbo Sarkiya)

6

6.

Yiite har hórá bílà 1 2 1 2 yaasi. Tampudo, 3 4 kâlà yèlwélé 3 4 dâwnù mâa (Waddu) binngel dewel dada 5 6 tĩĩ pám mo endi 7 bùk bùk lée mawdi mawdi ban nii 8 9 8 9 6ánjí mì ndúkó 10 11 12 haa mi meema (di). 11 12 (There is) a fire  $\frac{1}{1}$ outside. Weakling, 23 4 (bring your) mother's daughter, 5 6 with breasts as big as this, 8 9 for me to touch (them). 11 12

(Singer: Abbo Sarkiya)

7.

mì gà fé yàmíi 1 2 3 4 Miin bee huunde am,  $1 \ 2$ 3 4 mì yá bè kànnú 5 6 7 8 dabbi haala dow may. 6 7 8 wóyà 9 Woyan, 9 iwoo, (miin bee huunde am)*ìwóo yá bé kànnú* 10 11 12 13 dabbi haala dow may. 11 12 13 Woyan, wóyà 14 14 huunde besdugo habre. fèe kày níyà nják 15 16 17 18 15 1617 18 I and my thing 1 2 4 3looked for that reason. 6 8 I'll cry 9 *iwoo.* (I and my thing) looked for that reason. 10 11 13 12 12I'll cry for the thing which augments fights. 14 15 16 17 1816(Singers: Abbo Sarkiya & Muusa)

8.

dàwá sóŋ páŋ 1 2 3 Waandu wooru tan 1 2 3 màa làk-mí 4 5 nyaami yam 5 butaali duuddi. nàŋkúnàŋ lée 6 7  $\underset{3}{\operatorname{Only}} \underset{2}{\operatorname{one}} \underset{1}{\operatorname{monkey}}$ ate up 4 5 much corn.  $7 6^{-1}$ 

Note: This is a figurative expression. They say this sings of a girl who makes love with many men.

9.

káymó ndùwánà	Woy, kuttu daada maa.
mónnóo	A maayan hikka.
nómá vèrbûu	Weywey, kutt <mark>u daada</mark> maa.
wéy wêy	wey wey,
ndùwánà	kuttel
lémlém tố <b>y inni</b>	peetel weli masin.
<u>.</u>	

Cry, your mother's vulva.

You'll die this year.

Weywey,

your mother's vulva.

A small vulva is very good.

(Singers: Abbo Sarkiya & Muusa Kilaa)

Note: The lexical correspondence is not clear, but the singers gave me the translation of each word in Fulfulde.

10.

tá róŋrú wó	Taa ngatam, hey.
1 2 3	1 2 3
tả róŋrú wó	Taa ngatam, hey.
nyángòlà wó 5 tá róŋrú wó	Aynoowo, hey. 4 $5$ $5$ $Taa ngatam, hey.$
èehée	Eehee,
6	<sup>6</sup>
nyáŋgölà wó	Aynoowo, hey.
fée kàa tâa	Huunde feere wurti (?).
7 <b>8 9</b>	7 8 9
nyángòlà wó	Aynoowo, hey.

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tá róŋrú wó nyánolà wó taa ngatam, hey.

Aynoowo, hey.

Don't bite me, hey. 1 2 Don't bite me, hey. Superviser, hey. 4 5 Don't bite me, hey. *Echee*, superviser, hey. Don't bite me. Another monster has come out. Superviser, hey. Don't bite me, hey. Superviser, hey.

(Singer: Muusa Kilaa)

As was seen above, Songs 1, 2, 3, and 10 show the existence of a mystical creature called *fie mbáká*. The appearance of this monster is one of the characteristics of the Mbum songs that differs from the one in Diamaré prefecture. Song 4 tells of the usefulness of circumcision. Songs 5, 7, 9, and 10 reflect the building up of an intimate relationship through abusive expressions. At the same time, the elders tell the young novices their experience in the form of songs.

The appearance of some Fulfulde words in the songs, such as *taa* 'do not', *woya* 'to cry', indicate that Fulfulde worked deeply into the non-Fulße community as a regional language.

The fact that these songs are used by both the Mbum and the Fulße indicates the existence of close relationship between the two tribes. This fact suggest an approach to the study of the Adamawan community, which should be examined according to each cultural aspect.

## Acknowledgement

I would like to extend my thanks to Belaka of Mbang Mbum who recieved me as a guest and offered many facilities; Galdima who lodged me in his saare; Hammadu Sarkiya, and Abbo Sarkiya who not only taught me their circumcision songs, but also helped me in many other ways; Muusa Kilaa, another informant; and to all the other Mbum villagers. Professor Shun'ya Hino, without whose cooperation this paper could not have been written, gave me a large amount of information about the society and cultural background of the Mbum. Finally, I would like to mention the hearty understanding given by Monsieur le Préfêt in Ngaoundéré towards our research in Adamawa.

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